

CCEBDM

15 Years of Transforming
Diabetes Care.....

Launched in 2010 by Public Health
Foundation of India (PHFI) in
Collaboration with DMDEA to empower
Primary Care Physicians with evidence-
based diabetes management skills.



One of the largest global
capacity-building initiatives
in diabetes care



Pan-India Presence with strong
footprint across urban & semi-
urban India



Awarded and recognized for
excellence in medical education
& skill development by multiple
industry & professional bodies



Published in Lancet Diabetes &
Endocrinology and BMC
Medical Education Journal



Implemented by 8 state
governments



Adopted worldwide across 8
countries

CERTIFICATE COURSE IN EVIDENCE BASED DIABETES MANAGEMENT (CCEBDM) Cycle X



Acclaimed
Faculty



Evidence based
standardized &
updated curriculum



11 Modular
course



Once a month
weekend session
in online mode
(Live online classes)



Case studies
& interactive
videos



Dedicated
app and
website



Strong quality
assurance & monitoring

Last date of Enrolment:

30 June 2026

Online Sessions starting from

August 2026



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DISEASE BURDEN-DIABETES

Diabetes is one of the fastest growing global health emergencies of the 21st century. In 2021, it is estimated that 537 million people have diabetes and this number is projected to reach 643 million by 2030, and 783 million by 2045 worldwide¹. India accounted for 74.2 million people with diabetes in the year 2021 which is expected to rise to 174.9 million by 2045 under the age group of 20-79 years¹. Diabetes has a substantial economic impact on individuals, families, countries and national health systems because of an increased burden on health systems, loss of productive life years and the long term support needed to overcome diabetes related complications. According to IDF atlas 10th edition 2021, the highest number of deaths due to diabetes occurred in countries with the largest numbers of people with diabetes i.e. China, India, Indonesia and USA. The greatest number of people with undiagnosed diabetes being the same as those with the highest number of people with diabetes: China (72.8 million); India (39.4 million); and Indonesia (14.3 million). It is estimated that health care expenditures for people with diabetes are on an average 2-3 fold higher than people without Diabetes¹. Unlike other developing countries in the world, primary care physicians play a major role in prevention, detection and management of diabetes mellitus in India. Studies showed that there is an urgent need to train these physicians with the updated knowledge and skills in managing diabetes for better patient outcome².

References

1. *International Diabetes Federation (IDF) Diabetes Atlas, 10th Edition, 2021.*
2. *Mohan, V and Radhika, G and Vijayalakshmi, P and Sudha, V (2010) Can the diabetes/cardiovascular disease epidemic in India be explained, at least in part, by excess refined grain (rice) intake? The Indian journal of medical research, 131. pp. 369-72.*



JOURNEY SO FAR...

In 2010, the Public Health Foundation of India launched a nationwide capacity-building program Certificate Course in Evidence Based Diabetes Management (CCEBDM) in collaboration with DMDEA, to provide training on evidence-based diabetes management, by enhancing knowledge, skills, and core competencies of PCPs. It is a distinctive training program specifically designed to improve the knowledge, skill set and capacity of primary care physicians in prevention, diagnosis, treatment and referral of diabetes patients apart from clinical understanding of the disease for better patient outcomes.

CCEBDM was the first globally recognized course by International Diabetes Federation (IDF) from 2014 to 2016 for training primary care physicians. The course has been also recognized by South Asian Federation of Endocrine Societies (SAFES) from 2017 to 2019. This course model was published in *Lancet diabetes endocrinology*, 2016 and *Coffee table book- Unlocking New Ideas; Good, Replicable and innovative Practices*, 2017. The course has won various prestigious awards in the field of capacity building. Govt. of Kerala, Mizoram, Madhya Pradesh, Haryana, Odisha, Manipur, Kolkata Municipal Corporation (KMC) and Reliance Industries Limited had adopted this model for training of their Medical Officers. This course is also adopted by various other nations and their respective organizations such as Myanmar, Bangladesh, Afghanistan, Kabul University of Medical Sciences, Ministry of Health of Rwanda & East African Diabetes Study Group (EADSG) covering five countries in East African Region and Primary Care Diabetes Group, Sri Lanka.

As of now, CCEBDM has a presence in 109 cities across 25 states & UTs in the country. The fundamental groups involved in this course are the National Experts, Regional Faculties, Observers and Participants. A panel of 17 National Experts, comprising some of India's nationally and internationally acclaimed Diabetologists and Endocrinologists, were involved in curriculum review and in deciding course execution. 306 Regional Faculties, who are some of the country's most prominent Diabetologists and Endocrinologists had trained 18,847 Primary Care Physicians in 277 centers across country. 150 Observers/Facilitators selected from all over the country were actively involved in regular monthly monitoring of the program modality. A dedicated PHFI App was introduced to cater smooth conduction of monitoring, tests and exam.

CCEBDM delivers evidence based education to physicians, who seek to upgrade their knowledge in order to improve their practicing skills to make significant contributions to community. Extensive and ever expanding network has helped to achieve this aim.

OBJECTIVES OF CCEBDM

Primary Objective:

To enhance knowledge, skills and core competencies of primary care physicians in the management of diabetes.

Secondary Objectives:

- To build a network of primary care physicians in the field of diabetes.
- Update primary care physicians with the latest advancements in the field of diabetes.
- To develop/update a standard teaching protocol and module for evidence based learning on diabetes.

ELIGIBILITY CRITERIA

Medical graduates (MBBS) with NMC/State Medical Registration

TEACHING AND TRAINING METHODOLOGY

The course utilizes a variety of teaching & learning techniques. The course will be offered on a modular basis with judicious mix of case studies, interim assignment, group discussions, Once a month weekend session in live online mode with pre-test and post-test (APP based) will be held along with great flexibility to accommodate participant's queries. Complete and comprehensive learning package including soft copy of modules will be provided by the organizing institutions.

COURSE CURRICULUM

The Certificate Course in Evidence Based Diabetes Management will cover the following broad content areas:

Module 1

Introduction to Diabetes Mellitus

Module 2

Evaluation of the Person with Diabetes

Module 3

Lifestyle Management in Diabetes

Module 4

Diabetes Drug Therapy for Diabetes- Part 1

Module 5

Drug Therapy for Diabetes- Part 2

Module 6

Metabolic Complications of Diabetes

Module 7

Microvascular Disease in Diabetes

Module 8

Macrovascular Disease in Diabetes

Module 9

Other Complications of Diabetes

Module 10

Diabetes Care in Special Situations

Module 11

Diabetes in Pregnancy and Youth

CERTIFICATION CRITERIA

01

➤ Submission of all the 3 interim assignments (Three descriptive assignments based on completed modules given at regular intervals).

02

➤ Participation in at least 9 out of 11 monthly online/virtual sessions (including the pre-test and post-test of each module).

03

➤ Appearance in and clearance of exit examination conducted after Module 11. The exam will be in the form of 50 MCQs to be completed in an hour (Min. 50% score will be required to clear the examination. the examination).

Note: The candidates completing the program successfully will be awarded certificate of completion jointly issued and signed by PHFI, DMDEA and respective faculty.

CCEBDM CENTRES

State	Center	Faculty
Andhra Pradesh	Kakinada	Dr. Ram Swaroop Jawaharlal
Assam	Guwahati	Dr. B. B. Kukreja & Dr. Nilakshi Deka
Bihar	Patna	Dr. Santosh Kumar Singh
Delhi	Delhi	Dr. Ashok Grover
	Delhi	Dr. Anil Motta
Gujarat	Ahmedabad	Dr. V. K. Abichandani
Karnataka	Bengaluru	Dr. Arpandev Bhattacharyya
Kerala	Kozhikode	Dr. P. Suresh Kumar
Maharashtra	Aurangabad	Dr. Sanjiv Indurkar
	Mumbai	Dr. Vimal Pahuja
	Nagpur	Dr. Sunil Gupta
	Pune	Dr. Sanjay Agarwal
	Thane	Dr. Vijay G. Negalur

State	Center	Faculty
Odisha	Bhubaneswar	Dr. Sambit Das
Rajasthan	Jaipur	Dr. S. S. Dariya
Tamil Nadu	Chennai	Dr. Ranjit Unnikrishnan
	Chennai	Dr. R. Madhavan
	Kumbakonam	Dr. R. Rajasekar
	Vellore	Dr. Go Bharani
Telangana	Hyderabad	Dr. K. Neelaveni
Uttar Pradesh	Lucknow	Dr. Anuj Maheshwari
	Lucknow	Dr. Kauser Usman Siddique
West Bengal	Kolkata	Dr. Arindam Naskar
	Kolkata	Dr. Sagarika Mukherjee
	Kolkata	Dr. Nilanjan Sengupta
	Kolkata	Dr. Anirban Majumder

For application form and program brochure please contact

**Program Secretariat-CCEBDM
Public Health Foundation of India**

Address

Public Health Foundation of India
House No. 60, Lane No. 2, Saiyad-Ul-Ajaib Village,
Saket, New Delhi-110030, India

Phone

+91-7982162863, +91-9868090590, +91-8826794394
+91-9990038349, +91-9810435824

Email: training.division@phfi.org

Web: www.ccebdm.org | https://phfi.org
https://trainingdivision.phfi.org

Course fee

**₹ 20,000/-+GST
(23,600/-)**

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Disclaimer: PHFI and DMDEA hereby declare that this jointly designed "Certificate Course in Evidence Based Diabetes Management" is not a recognized medical qualification, under Section 11(1) of the Indian Medical Council Act,1956 & National Medical Commission Act 2019. PHFI and DMDEA hereby declare that these are not medical colleges or Universities and are not offering this course in accordance with the provisions of the Indian Medical Council Act/ University Grants Commission Act. Kindly note that CCEBDM is not a degree or diploma but a certificate course with the objective of training doctors in the prevention & management of diabetes. Successful participants are advised not to mention/call themselves as diabetologists/endocrinologists anywhere after completion of this course. Participants are strongly advised not to use this affix 'CCEBDM' adjacent to their names or in their boards/displays claiming to be diabetes specialist.

*Decision taken by PHFI for selection and enrolment of participants will be final.